



## TO BE NOTICED DURING A MOBILITY PERIOD

8/2024

The student makes the decision on undertaking a mobility period and embarks on the mobility period on his/her own responsibility. When making the decision the student should consider the following key points:

- The student follows independently the Ministry for Foreign Affairs of Finland's travel instructions and bulletins [Frontpage - Ministry for Foreign Affairs \(um.fi\)](#). The student agrees to submit, prior to the start of the mobility period, a travel notification via the website of the Ministry for Foreign Affairs of Finland at [matkustusilmoitus.fi - Front page](#). The instructions to fill in the notification: [LUC instructions of travel notification](#).
- The student is aware of the security situation of the destination country and follows regularly for example the development of the COVID-19 and any restriction of entering the country. You can find the latest information on any restrictions from the host country's authorities' and from the Ministry for Foreign Affairs of Finland's web pages [Frontpage - Ministry for Foreign Affairs \(um.fi\)](#). The student agrees to follow the COVID-19 guidelines (of the receiving higher education institution, the local authorities, the Embassy/Consulate of Finland and the home university).
- When applying on exchange outside of the EU/EEA countries, the host institution cannot guarantee full compliance with the GDPR (General Data Protection Regulation) rules.
- It is the student's responsibility to arrange comprehensive travel insurance that covers crisis situations. The student is expected to familiarise themselves thoroughly with the insurance policy, e.g. whether the insurance covers possible expenses arising from the pandemic in a situation where the risks were known. The home university's insurance (insurance number SP2029284) does not cover travelling or free time. When taking the insurance, it is good to consider among other things luggage, health care costs, liability insurance, theft.
- The home university recommends that, when making travel reservations and booking accommodation, the student should be thoroughly familiar with the reservation and cancellation policies, terms and conditions, and arrange cancellation insurance for the reservations. The student is independently responsible for his/her financial commitments.
- The student is personally responsible for having valid travel documents and obtains independently required residence permits and visas.
- It is the student's responsibility to ensure that they are up-to-date with the vaccinations (including the COVID-19 vaccination) required in the destination country. The student must pay the possible costs from the vaccination him/herself. The student takes care of independently any health reports and certificates required by the host destination and costs related to these. The EU citizens must ensure that they have the valid European Health Insurance Card if going to another EU country. [Student medical care abroad - EU-healthcare.fi](#).
- The student is aware of the fact that the course offerings of the receiving higher education institution may be subject to change and the mode of course delivery may change for example from face-to-face learning to remote learning.
- The student is aware of the fact that if a crisis situation occurs it may impose difficulties in the everyday life in the mobility destination and leaving the country may momentarily be challenging. In a crisis situation, also the means that the Ministry for Foreign Affairs of Finland can use to help individuals are limited.
- In challenging situations, the student can always contact the Internationalisation Services to discuss and consider all possibilities. The student may interrupt their mobility period at any time. In this case, the student is required to notify the Internationalisation Services of their home university of this without delay, prior to their return.
- Always contact the home university's Internationalisation Services if you feel that you need support and/or help during your mobility period. Conversation and crisis support are available also online [Ulapland/Guidance,counselling-and-well-being](#).
- Grants issued by the home university may be subject to change if the student interrupts the mobility period before the planned end date. In the event of a claim for recovery of a grant, the rules of the mobility programme and the higher education institution apply.
- The student is aware of the terms and conditions of the Social Insurance Institution of Finland (Kela) and/or other funding providers regarding student financial aid and the impact of an interruption of a mobility period and studies on student financial aid payments.
- University of Lapland is not responsible for compensating for any costs incurred by the student in the event of interruption of the mobility period before the planned end date or extension of the mobility period beyond the planned end date.
- The student commits to follow the home university's e-mail and to provide the home university his/her contact information where s/he can be reached during a crisis situation. If the contact information provided in SoleMOVE changes, add new ones to the application's After Exchange interleaf's Additional information box.

**The undersigned student has read this form and acknowledges and accepts the risks associated with the mobility period.**

Place, date

The Student's signature and name in block letters

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