Orientation Week

FOR INTERNATIONAL STUDENTS

SPRING 2020
Wednesday 8 January

10.00 – 12.00  CASTREN HALL LS 11

Welcoming words
Outi Snellman, Director of International Relations, University of Lapland

Practical issues
Virpi Nurmela & Jani Suokanerva, Advisors, Internationalisation Services

Student Union
Representative of the Student Union of the University of Lapland

How to study in Finland
Jani Suokanerva, Advisor, Internationalisation Services

12.00 – 13.00  Lunch Break

13.00 – 14.30  CASTREN HALL LS 11

Paperwork & Registration session & Campus Tour with Student Tutors (Tourism students visit also MTI Multidimensional Tourism Institute)

Scheduled group visits
13.30  EDU exchange students
13.45  ART exchange students
14.15  LAW exchange students
14.45  SOC exchange students

• Study certificates
• Usernames & passwords
• Signing of arrival forms
  Please prefill the form. Erasmus code of host institution: SF ROVANIE01. Arrival date is the first date of orientation.
• Exchange students can join the Student Union (voluntary for exchange students)
  Possibility to pay the Student Union Membership Fee in cash or with a credit card
  - 110 full academic year / 58 autumn semester

Please bring along:
✔ Passport or ID
✔ Insurance certificate
✔ Arrival form, if demanded by home university
✔ Cash or credit card for paying the Student Union membership fee

Please note, username & passwords available for latecomers in Students’ Service desk in University Main Building, Main entrance hall
13.00 - 16.00 How to take Electronic Exams?
https://www.ulapland.fi/EN/Studies/During-your-degree/Electronic-exam
EXAM rooms are located across the library and marked as Exam 1-9 and Exam 10-25. Go and visit the room yourself or with your tutor.

Infosessions UNIVERSITY MAIN LOBBY LS 2

10.00 - 11.00 Rovaniemi City Greetings
Presented by Jani Suokanerva

Arrival administration, registering the stay in Finland, Finnish PIC
Anne Hakkarainen & Virpi Nurmela

DAS Housing Introduction
Kati Itkonen, Customer Service, Domus Arctica Foundation

Recycling
Ella Tikkala, Napapiirin Residuum

11.30 - 12.30 Students’ Welfare and Sport Services
Paula Pertunen, University Student Councillor
Maija Törämänen, University Student Councillor
Tuovi Honkela, Curator
Mika Vettainen, Sports Coordinator

Rovaniemi Congregation
Chaplain Heini Kesti and Student Chaplain Rainer Väänänen

ESN Lapland and Friend Programme
Hanna Palosuo, the ESN Lapland

Lapland Entrepreneurship Society, LaplandES
Henri Forssten, Head of International Relations

12.30-13.30 Lunch Break
13.30 – 14.15  Cultural Adaptation & Culture Shock  
Jörn Severidt, Senior Lecturer

14.15-14.30  Cafe Lingua  
Iiris Tukiainen, Senior Lecturer

14.30 – 14.45  Break

14.45 – 15.30  Library Services at Ulapland  
Heidi Minkkinen, Information specialist  
Student Computer Aid (including copying and scanning - also color copying)  
ICT services  
E-learning, Moodle learning environment  
Tanja Rautiainen, Education Development Manager

15.30 – 15.45  Break (after this programme only for ULapland students)

15.30 – 15.45  Health Care Center YTHS  
Teemu Paldanius, Psychologist, YTHS

15.45 – 16.30  Guidelines for Academic Writing  
Pia Eriksson, Senior Lecturer
Friday 10 January

9.00 – 10.00  **System of Study Faculty of Social Sciences LS17**  
Virpi Nurmela, Advisor

10.00 – 11.00  **System of Study Faculty of Art and Design LS17**  
Virpi Nurmela, Advisor

**ESN Lapland and international tutors’ afternoon**

12.00 - 15.00  **Treasure hunt**  
Meeting point for start at the University Main Lobby

Come to the main lobby of University of Lapland and be ready to have fun while fighting for victory. You’ll be divided into teams and handed out a map. During the hunt you’ll be inside and outside so outdoor clothing is required (it’s Finland and the middle of winter!!). This is a great chance to get to know other students as well as familiarise yourself with your new everyday life environment. Team spirit and positive vibes are a must, the main idea is to have a fun afternoon. More info will be given at the beginning of the race so be on time – hunt for treasures starts at 12.00!

**Evening**

**Get together at Culture House Wiljami**  
Urheilukatu 1 (opposite to the Theatre building)

It’s been a busy orientation week with a lot of information and new things to remember. It’s time to get all the stress away and enjoy a cozy evening with your fellow students. We have planned some games and prepared snacks for you. Most importantly come and make new friends that will last for the whole spring semester and even longer. Check us in Facebook group (Rovaniemi International Crew 2019 – 2020) and stay tuned!

22.00-  **Welcome party at Half Moon Night Club**  
Koskikatu 25 (in the same building as shopping center Rinteenkulma)
Monday 13 January

INTRODUCTION TO STUDIES

9.00 – 10.30 Faculty of Education LS17
   Jani Suokanerva, Advisor

10.30 – 12.00 Faculty of Law LS17
   Jani Suokanerva, Advisor

12.00-12.45 Lunch Break

12.45 – 13.15 System of Study – Language Centre LS16
   Pia Eriksson, University Lecturer,
   Milla Södö, University Teacher
   Iiris Tukiainen, Senior Lecturer

13.30 – 14.30 Minors in English LS16
   Global Education, Partow Izadi, University Lecturer
   Gender studies, tbc
   China: Domestic, Global and Arctic Trajectories, Matti Nojonen, Professor
   Intercultural Communication, Jörn Severidt, Senior Lecturer

15.00 – 16.00 Faculty of Art and Design Teacher Tutor Meetings

   Art Education F4083
   Maria Huhmarniemi, University Lecturer

   Audiovisual Media Culture F2066
   Max Juntunen, Lecturer

   Fine Art and Cultural Studies F4093
   Kalle Lampela

   Industrial Design F2058
   Milla Johansson, University Lecturer

   Textile and Interior Design (Meeting Wed 15.1. at 15.00
   Jenni-Liisa’s office, Wing F, 3rd floor)
   Jenni-Liisa Yliniva, Lecturer

   Clothing Design (Meeting at Mon 20.1. at 12.00 at
   professor’s office Wing F, 3rd floor)
   Ana Nuutinen, Professor
**Course suggestions for international students for starting the semester**

YMEN1807 Basics of Library Skills 0.5 cr. (virtual course)
Teacher Paula Kangasniemi

XICP0228 Understanding Your Own Culture 2 cr.
Teacher Jörn Severidt

XFIN0007 Survival Finnish 2 cr.
Teacher Maija Paatero

XFIN0001 Finnish for Foreigners 3 cr.
Teacher Milla Södö

IEDU0010, Employability Super Skills, 3 cr.
Teacher Imran Chohan

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**Learning Agreement Workshops for exchange students**

Wed 15.1.2020 9.15 - 11 LS17
Learning Agreement Workshop / Education & Law

Wed 15.1.2020 9.15 - 11 F2058
Learning Agreement Workshop / Art and Design & Social Sciences

Learning agreement signing also possible during office hours for incoming students Tue and Thu 12-14.

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**Upload UniOn! FIN application into your mobile phone to start learning Finnish!**

**COMING UP AFTER ORIENTATION WEEK**

**Social events organized by the European Student Network ESN Lapland**

Please join our group: Rovaniemi International Crew 2019 - 2020
(https://www.facebook.com/groups/458093248099779/) for more up-to-date information.

And feel free to follow us on Instagram (@esnlapland) and Facebook (ESN Lapland).

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**Sports Introduction Programme**

15.1. Kunnon Paikka (fitness classes + gym), Rovakatu 23, 96200 Rovaniemi

21.1. Ball games
   • Jokiväylä 13 (Basketball) 15.30 – 17.00
   • Keltakangas (Badminton) 15.00 – 16.00
   • Pohjolankatu 23 (Volleyball) 19.00 – 21.00

29.1. Santasport open doors, Hiihtomajantie 2, 96400 Rovaniemi

5.2. Swimminghall Vesihäisi, Nuortenkatu 11, 96100 Rovaniemi

10.2. Climbing Cave 19.00 – 21.00, Vierustie 6, 96100 Rovaniemi

14.2. Valentine’s Day Skating Event at Susivouti, Organised in conjunction with ESN, Korvanranta 2, 96300 Rovaniemi

tbc Ounasvaara Snow Sport Day Organised in conjunction with ESN, Taunontie 14, 96600 Rovaniemi
   • Slalom -50% ski passes and equipment
   • Cross country introduction
   • Snowboarding introduction
   • Snowshoeing

4.3. Winter Golf event

11.3. Ice Swimming, Koskipuisto, Jäämerentie 9, 96200 Rovaniemi (next to Restaurant Valdemari)

18.3. Spring Hiking in Vaattunki- and Vikaköngäs 12.30 – 16.30 (fee 5)
INCOMING TEAM WELCOMES YOU HERE to study and enjoy the Arctic!

International office
office hours for international students on Tue and Thu 12-14.

Erasmus code: SF ROVANIE01
incoming@ulapland.fi
ulapland.fi
ulapland.fi/exchange
ulapland.fi/courses

YLIPISTONKATU

- Please note that changes to the program are possible
- Please bring cash or credit card to pay the Student Union membership Fee (exchange students) and lunches. There is no ATM on campus!
- Remember to bring your ID with photo and proof of valid health insurance with you
- You can register for courses in WebOodi with your tutor after “System of Study” session

University of Lapland campus map
A larger map available here: https://www.ulapland.fi/EN/Contact-information/Maps