

## INSTRUCTIONS FOR PROGRAM PARTICIPANTS

### FINDING A PARTNER AND PREPARATION OF THE STUDY PLAN

Find yourself a partner whose mother tongue you wish to learn.

Having found yourself a partner, prepare a study plan and make it as concrete and detailed as possible.

- timetable and studying environment
- list of themes to be studied
- study book, if there is one available

Your objectives must be concrete and they should be based on enhancing your present language skills. (For example, your target may be to be able to talk about yourself or your own field, to understand newspaper text, or to write a summary.)

### REGISTRATION

Please, fill out your course plans and register (you and your pair) at the Language Centre during the teacher's office hours or arrange a meeting beforehand. You may start the program after the initial discussion and approval of the course plan. The course plans remain in the possession of the supervising teacher.

You can get further information from

- Valentina Katainen (for pairs including a Russian partner) [Valentina.Katainen@ulapland.fi](mailto:Valentina.Katainen@ulapland.fi)
- Pia Eriksson (for all pairs except Russian) [Pia.Eriksson@ulapland.fi](mailto:Pia.Eriksson@ulapland.fi)

Main building, E-wing, 2<sup>nd</sup> floor

### PROGRAM PROCEEDINGS

Each student gathers the material used (e.g. texts, written exercises, their corrections, etc.) into a folder and keeps a diary of the sessions (time of the session, duration, themes under study, working methods and comments on one's own learning).

It is important to prepare for the sessions, for example by reading or writing an agreed passage of text or by studying vocabulary related to the theme of discussion. It is equally important to utilize later the things you have learned.

All languages are studied separately. If you have a session of two hours, it is recommendable to use the first hour for studying language A and the other for language B.

### PROGRAM REPORTING

At the end of the program, please fill out the self-assessment form, with which you assess the success of your studies and your learning. This applies to both of you.

A performance can be passed only if both students attend the initial and closing discussions. You may attend the closing discussion during the teacher's office hours or you may settle a time beforehand.

For the closing discussion, make sure you bring

- the material you used in the Teach and Learn studies
- the diaries
- the self-assessment forms