



## Help take care of our National Park

Let's preserve the wonderful nature of Pyhä-Luosto National Park also for generations to come by obeying these rules.



Illustration:  
Juha Paso

### ALLOWED in summer:

- Walking, rowing and canoeing. In Isokuru (restricted area) moving is only allowed on the marked trail.
- Picking berries and mushrooms.
- Short duration camping (max. 3 nights) except within restricted area. Camping is recommended close to resting places.

### RESTRICTED in summer:

- Moving in Isokuru gorge restricted area. To protect the nature and to

### avoid causing a rockfall, moving is only allowed on the marked trail.

- Lighting a campfire is allowed at sites marked for this purpose.
- Fishing, requires a permit.
- Hunting is permitted only for local people.

### FORBIDDEN in summer:

- Moving outside the marked trail within Isokuru restricted area.
- Littering or damaging the constructions.

- Open fire during forest fire warning.
- Keeping pets running free.
- Taking or damaging trees, bushes, other plants or their parts.
- Damaging soil or rock, and extraction of earth material or minerals.
- Killing, catching or disturbing wild animals (vertebrates), or damaging their nests.
- Catching or collecting invertebrates.
- Driving motor vehicles, except on roads designated for that purpose.





## Welcome to Pyhä-Luosto National Park summer trails!

Pyhä-Luosto National Park offers superb opportunities for day trips and short hikes all year round. Come to experience the magnificent silence of the ancient hills, the unique sceneries of mires and the old-growth forests. Visit picturesque places that were seen as sacred by the Forest Sámi people who used to live here. The experience is guaranteed by the diverse trail network, several fire and resting places & huts by the trails.



Images: Anna Pakkanen, Pyhä-Luosto Resort Association

- 1 **TUNTURIAAPA NATURE TRAIL (5–7 km)** has a bit of everything: old-growth forests, an open aapa-mire with a bird watching tower and a lovely view to the fell chain of Pyhä. There are wooden duckboards on the wet areas and stairs on the steep parts. The trail is easy and when dry, walkable in trainers.

- Starting and finishing point: Visitor Centre Naava or Hotel Pyhäntunturi
- Duration: 2–3 hours
- Services: Isokuru lapp hut (eg. toilet for disabled), Tiaslaavu lean-to-shelter

- 2 **KARHUNJUOMALAMPI TRAIL (10 km)** goes through the Finland's deepest gorge, Isokuru, visits the old sacred places of the forest Sámi people, and goes around the Kultakero fell. After this walk you have experienced some of our unique, amazing geology and powerful places from our cultural history. There are lots of stairs along the way, but the trail is easy to follow and when dry, walkable in trainers.

- Starting and finishing point: Visitor Centre Naava or Hotel Pyhäntunturi
- Duration: approx. 3 hours
- Services: Isokuru lapp hut (eg. toilet for disabled), Karhunjuomalampi day trip hut

- 3 **THE TRAIL TO NOITATUNTURI FELL (14,5 km)** is for those seeking for a true challenge! Noitatunturi fell is an old sacred place of the Sámi and the highest point of the National Park at 540 m. Hiking up the fellsides is hard work, but the view from the top is worth the effort! Roots and rocks make the terrain demanding and it's recommended to walk clockwise, and only in good weather.

- Starting and finishing point: Visitor Centre Naava
- Duration: Approx. 6 hours
- Services: Isokuru lapp hut (eg. toilet for disabled), Oravalampi lean-to-shelter, Karhunjuomalampi day trip hut
- Includes approx. 70 meters of metal duck boards in Oravalampi

- 4 **PYHÄ-LUOSTO HIKING TRAIL (c. 35 km)** is the route connecting the two main fells and their resort centres. You can hike the trail in the summer and ski it in the winter. You can alter the length and difficulty by choosing different trail parts. The trail is classified as demanding as it is partly rocky, but it's suitable also for hikers with little experience: the trail is well marked and the distances between fireplaces and huts are not too long.

- Starting point: Visitor Centre Naava or Luoston Portti
- Services: There are several open wilderness, rental and day trip huts, as well as lapp huts and lean-to-shelters along the trail. In Lampivaara there is also a café during the season.
- Includes approx. 75 meters of metal duck boards in Pyhälampi

- 5 **RYKIMÄKURU TRAIL (12 km)** is an easy route also for beginners that goes through old-growth pine forests. The magnificent Rykimäkuru gorge can be seen along the trail. In Lampivaara you can visit the Amethyst Mine.

- Starting and finishing point: Rykimäkero parking area, between Pyhä and Luosto (c. 19 km from Pyhä)
- Duration: 3–4 hours
- Services: Rykimäkero lapp hut (eg. toilet for disabled, well), Rykimäkuru lean-to-shelter, Pyhälampi day trip hut, Lampivaara lean-to-shelter & café (eg. toilet for disabled, café during the season).
- Rykimäkero lapp hut can be reached on a wheelchair and with prams (0.7 km one way)

- 6 **LUOSTO NATURE HIKING TRAIL (18 km)** shows you the versatility and beauty of Central Lapland's nature! The trail takes you counter-clockwise through old, untouched forests and wide open mires and leads to the top of Ukko-Luosto fell. Because of its length and height differences the trail is moderately demanding.

- Starting and finishing point: Luoston portti
- Duration: 6–8 hours
- Services: Tikkalaavu and Pyhäntatva lean-to-shelter

- 7 **SUMMIT OF UKKO-LUOSTO FELL (6,5 km)** is worth a climb! Walk up the stairs to the top to experience the magnificent sceneries. You can either go back the same way (shorter and suitable also for beginners) or head north until you reach Luosto Nature Hiking Trail and continue clockwise towards Tikkalaavu and back to Luoston portti (total length 6,5 km). The longer route is classified as demanding.

- Starting and finishing point: Luoston portti
- Services: Tikkalaavu lean-to-shelter

- 8 **LUOSTO-YLI-LUOSTO HIKING TRAIL (8–12 km)** travels on a narrow fell ridge with beautiful views over the surrounding scenery. In the northernmost part of the fell chain you will find the oldest hut in the National Park, Yli-Luosto open wilderness hut built in 1949. The trail is very demanding, as it is very rocky and the path is poorly visible due to less use.

- Starting and finishing point: Luoston portti or Luostonloma Parking place (c. 4 km from Luosto to Sodankylä)
- Services: Tikkalaavu lean-to-shelter, Yli-Luosto open wilderness hut

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