# A SUCCESSFULLY AGEING SOCIETY



V GERONTOLOGY CONFERENCE 23 – 24 April 2004 University of Lapland, Rovaniemi

# WELCOME TO ROVANIEMI

The Gerontology Conference is a national review of the on-going interdisciplinary research into ageing. The content of our congress and the participants are proof that Finnish gerontology is progressing vigorously in all its fields: biogerontology, psychogerontology, geriatrics, and educational, cultural and social gerontology. Researchers into the field, teachers, professionals working at the practical level with the elderly, students, and elderly people themselves will be able to meet each other during these days.

For the first time, the Gerontology Conference are being organized in Northern Finland. Hosting the event is a great challenge for the young University of Lapland. We have received valuable support with the organization from four scientific associations in the field as well as from the University of Oulu.

I would like to warmly welcome everyone to Rovaniemi and to the University of Lapland for the V Gerontology Days. Enjoy, if only for a while, spring in Lapland – its light, its hard crusty snow and its ski slopes.

On behalf of the organizing committee,

Simo Koskinen Chairman

#### **ORGANIZERS**

The University of Lapland
The University of Oulu
Kasvun ja vanhenemisen tutkijat ry
Societas Gerontologica Fennica
Suomen Geriatrit
The Finnish Psychogeriatric Association

# **TARGET GROUP**

The aim of the V Gerontology Conference is to bring together researchers into ageing and old age, officials responsible for geriatric care and professionals working at the practical level with the elderly, teachers, students, and representatives of organizations. Other people interested in the subject are also welcome. The Gerontology Conference, which are organized in Finland once every three years, are an interdisciplinary national congress for research into ageing.

The venue for the congress is the main building of the University of Lapland at Yliopistonkatu 8, Rovaniemi.

### **PROGRAM**

FRIDAY, 23 April 2004

09.00 Registration

10.00 Opening

Professor Simo Koskinen

Chairperson of the Organizing Committee

Esko Riepula, Rector of the University of Lapland

Hannele Pokka, the Provincial Governor of Lapland

Chairperson of the Lapland Provincial Advisory Committee for the Ageing

10.30 A Successfully Ageing Society

Professor Marjatta Marin, the University of Jyväskylä

11.45 Can Ageing be Delayed?

Dialogue lecture

Professor Eino Heikkinen, the University of Jyväskylä, and

Professor Antti Hervonen, the University of Tampere

13.00 Lunch

14.00 Parallel themes

16.00 Coffee break

16.30-18.00 Parallel themes

**Evening reception** 

# SATURDAY, 24 April 2004

09.00 The Future of Institutional Care of the Aged Professor Vita Lesauskaite Kaunas Medical University, Lithuania

10.00 Coffee break

10.30 Parallel themes

12.30 Lunch

13.30 Parallel themes

14.30 The Present State of Research into the Psychology of Ageing Marja Saarenheimo PhD, Researcher The Central Union for the Welfare of the Aged

**15.30** Why are They Flying the Flag in Sweden? Jaakko Heikkilä, photographer

## **PARALLEL THEMES**

**Ethnicity and Ageing** 

Gerontological Nursing and Social Work

Gerotechnology - Design for All

Growing Older session (in English)

Ageing and Rehabilitation

Ageing and Tourism

Ageing and Gender

Ageing and Disability

The Living Environment of the Aged

Home Care of the Aged

Care of the Aged by Family Members

Sexuality of the Aged

The Physical Fitness of the Aged

An Ageing Person's Traumas from the Past

Medication for the Elderly

Research Programme on Ageing

The University of the Aged

**Educational Gerontology** 

The Third Age

Narrative Gerontology

Senior Living

Services and Policies for the Elderly

Questions from Geriatric Care Professionals

Terminal care

#### **ABSTRACTS**

Presentations for theme groups and the poster exhibition will be selected based on submitted abstracts. Abstracts should be sent in rtf format as email attachments by **15 January 2004** at the latest. Notification of approved abstracts will be given by 29

February 2004.

The approved abstracts will be published in the Gerontologia journal.

# **GUIDELINES FOR WRITING**

Texts should be double-spaced with 3-cm upper, lower, left and right margins. The preferred font is Times New Roman 12.

- in the top row, the writer's name, position, and address in ordinary characters
- empty row
- centred heading in large characters empty row in bold
- text (justified)
- one empty row between paragraphs
- write at the end of the abstract whether you would prefer an oral or poster presentation

#### ADDRESS FOR SUBMITTING ABSTRACTS

**Congress Secretary** 

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## PARTICIPATION FEE AND TERMS OF CANCELLATION

Registration on the accompanying form either by post or fax, or electronically on the congress website at <a href="http://www.urova.fi/gerontologianpaivat">http://www.urova.fi/gerontologianpaivat</a>. The participation fee includes the congress programme and materials, coffee at the university on Friday and Saturday during the breaks specified in the programme, and arranged transportation (on Friday morning from the airport and from the railway station to the university, and the return journey on Saturday after the congress has ended). No VAT is added to the participation fee.

A letter of confirmation will be sent to all who have registered. Alternative methods of payment are bank giro, credit card authorization (Visa, MasterCard, EuroCard) or invoice. Please indicate your method of payment on the registration form.

Cancellation must be made in writing to the congress service. If a cancellation is made after 15 March 2004, the organizers reserve the right to charge 30% of the total participation fee. If no cancellation is made, the entire participation fee will be forfeit. No extra charge will be made if another person takes the place of a registered participant who is unable to attend.

## **ACCOMMODATION**

Agreements for reasonably priced accommodation for congress participants have been made with four hotels in the city centre. The hotels are about 2 km from the University (20-30 min. walking distance). Prices for rooms include VAT and a buffet breakfast.

All hotel reservations will be made through the congress service of the University of Lapland by filling in the required information on the registration form. Hotel reservations will be confirmed at the same time as confirmation of registration. Please notify the congress service of any possible changes or cancellations.

PLEASE NOTE: Payment for accommodation to be made direct to the hotel.

For further information please contact

# **Program and themes:**

Chairman, Organizing Committee

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# Registration, hotel booking and practical arrangements:

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