

# My global story



## Q&A north2north

24.1.2024 Sari Vidén

# What?

- north2north is a mobility program of the University of the Arctic for the U Lapland student's who are interested in Northern and Arctic issues.
- Students at one of these institutions may apply for an exchange at a participating institution in another country.
- Universities that are open for applications is updated yearly.

## Where can I apply?

Link: [UArctic - University of the Arctic - Where Can I Go](#)

- CANADA: Algoma University, Aurora College, Lakehead University, Memorial University of Newfoundland , Nunavut Arctic College, Ontario Tech University, Saint Mary's University, Université du Québec à Montréal (UQAM), Université du Québec à Rimouski (UQAR), Université Laval, University of Northern British Columbia, University of Prince Edward Island, University of Saskatchewan, Vancouver Island University, Yukon University.
- USA: Alaska Pacific University, University of Alaska Fairbanks, University of New England, University of Southern Maine, University of Washington.
- SCOTLAND: Robert Gordon University, University of Aberdeen, University of Strathclyde, University of the Highlands and Islands.
- North2north destinations in the Nordic countries are all open for applications.

# Where can I find more info about universities?

- [UArctic - University of the Arctic - Where Can I Go](#)

# How to apply?

- Call to N2N destinations is connected to call to Europe, so you can apply both with the same SoleMOVE application (DL 31.1.2024)
- Preferably choose 1-3 N2N destinations.
- Put your choice number 1 on your Solemove application (Exchange study information -interleaf), and 2 others mention in Motivation letter.
- You can apply with the same application also to destinations in Europe.

# What to include in the north2north motivation letter?

- Please describe how the courses that you intend to follow at the host institution fit within the north2north mobility program according to one or more of the focus areas.
- Building Human Capacity in the North: Education and training that are culturally and academically relevant for Northern communities
- Demography and sustainability: sustainable education that will reverse the decline in term of population growth in the North and help the communities stay in their home villages.
- Adaptation to Climate Change: Education focusing on the limitation of the climate changes, the evaluation of their impacts on the population and nature and the adaptation to the new environmental situation.
- The North as a dynamic region: how to contribute to an economic growth in terms of employability, health, infrastructure and culture.
- Please describe your social and educational background and your connection to the North.
- Please describe the challenges that you meet as a citizen from the North in terms of (for example) environment, demography, education, welfare, labor market or infrastructure.
- Please describe how you define yourself as a citizen living in the North and how you see your life in the North or in relation to the North after completing your education.
- The motivation letter should not exceed one page (approximately 600 words).

# Application process in N2N

1. Ulapland application

2. (After mid February) **ULapland Q&A** session. The students will receive a link to the online application form to their e-mail addresses. Deadline for students to send application form (with enclosers) is **25.2.**

- Motivation letter
- Transcript of records (in English)

3. (At the end of March) results of the waivers and grants are published.

You can find more about the application process:

[UArctic - University of the Arctic - Application Procedure to and from Finland](#)



## Language skills

- Basics of the host language
- CEFR B1/B2/C1
- Possibly official language test
- [www.ets.org/toefl](http://www.ets.org/toefl)
- [www.fulbright.fi](http://www.fulbright.fi)
- [www.ielts.org](http://www.ielts.org)
- [www.finnbrit.fi](http://www.finnbrit.fi)



# Grants

- **North2North** (UArctic – North-America, Nordic countries)
  - 4 – 12 months
  - Grant 1500€ - 2000€ for one semester and 2000€ - 3000€ for two semesters depending on the destination.



## Microsoft Teams

- Online office hours on Tuesdays 12-13.30 & Thursdays 9-11 starting from 22.8.2023
- Info sessions, Q&A and workshops
- FAQ

[Outgoing Office hours >](#)



## Moodle

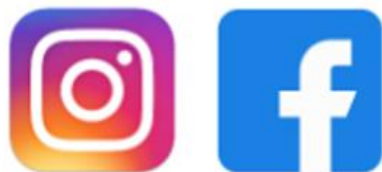
For students accepted and on mobility periods (key sent by email):

- [Outgoing orientation 2022-2023](#)
- [Outgoing orientation 2021-2022](#)
- Process step by step
- Instructions
- Guidelines
- Tips and advises



## Guidebooks

- Mobility process in details
  - Support in planning
  - FAQ
- [My Global Story Guidebook for those planning a mobility \(EN\)](#)
- [Destinations guidebook \(EN\)](#)



## Social Media

Instagram [@myglobaldiary](#)

- Quick updates
- Live sessions
- Stories
- Link tree



## SoleMove

- Application
- Information about partners
- Feedback

[SoleMOVE >](#)



[outgoing@ulapland.fi](mailto:outgoing@ulapland.fi)

## Email

- Send documents for signing
- Submit reports

[outgoing\(at\)ulapland.fi](mailto:outgoing(at)ulapland.fi)